



FORT GARRY LIONS
FOOTBALL CLUB
est. 1957

Mike Sosiak
Head Coach

majorleague@fortgarrylions.ca

(204) 805-0748

Fort Garry Lions - Major Junior Team 2019

Goal: Have Fun - Win a Championship

Manitoba Major Junior Football League:

- Ages 18-23 (born in 1996-2001)
- Eligibility of 23 year olds pending final league vote, but expected to be approved
- 5 teams: Fort Garry, East Side, St Vital, St. James, Westman (Brandon)
- Season starts Mid August – Games Friday night / Saturday afternoon/night
- 8 regular season games plus playoffs. 2 bye weeks during season
- 3 teams, including Fort Garry, have fields with lights = Night Games
- Lions Training Camp – early to mid June – 8 sessions - Dates TBD. Equipment distributed later in May
- Lions Pre-season practices start late July (4th week); 2 – 3 days / week
- Lions Practice times 7:30 pm – 9:30 pm

Registration:

- In-Person Registration at Fort Garry Lions Field
 - May 2nd and May 3rd (6:30 pm – 9:00 pm)
 - May 4th (10:00 am – 2:00 pm)
- Cost - \$400, includes all equipment except cleats
- Payment plan available – Minimum \$100 payment at time of registration, balance payable by end of the season. Fee payable by cash, cheque or debit
- Additional \$40 Football Manitoba registration fee. All players must register on-line with Football Manitoba prior to registering with Fort Garry at <http://footballmanitoba.com/>